

Quick Guide to APA 7th Referencing



THE UNIVERSITY OF
NEWCASTLE
AUSTRALIA

For more information see the full APA 7th Referencing Guide:

libguides.newcastle.edu.au/apa-7th

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Based on the Publication Manual of the American Psychological Association, 7th edition (2020).

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APA BASICS

GENERAL

- APA is an in-text referencing style. This means that short referencing information (Author, Date) must be included in the text of your assignment when you quote information from outside sources. Full details of references used are then included in a reference list at the end of the document.
- References cited in-text must appear in the reference list and vice versa. The only exceptions are personal communications and classical works – see libguides.newcastle.edu.au/apa-7th/reference-list for more information.
- For more information on APA 7th see libguides.newcastle.edu.au/apa-7th

IN-TEXT CITATIONS

- When inserting a citation into the text of your document, include the authors' surnames and the year of publication, enclosed in parentheses, e.g. (Smith & Jones, 2016). This brief citation allows the reader to find the appropriate full reference in the list at the end of the document.
- If you include a direct quote (word-for-word), the in-text citation must include the page number/s where the quotation appeared, e.g. ... “correct referencing is a necessity” (Smith & Jones, 2016, p. 16).
- For multiple in-text citations within parentheses, alphabetise citations by first author and add a semi-colon (;) between them to differentiate citations, e.g. (Smith & Jones, 2016; Williams, 2014).
- Use “and” when citing authors' names in sentences and “&” for parentheses. E.g. Smith and Jones (2016) ... versus ... (Smith & Jones, 2016).
- For more on in-text citations see libguides.newcastle.edu.au/apa-7th/in-text

REFERENCE LIST

- The reference list starts on a separate page and is always organised in alphabetical order. Do not use numbers or bullet points.
- The second and subsequent lines of each reference in the list must have a hanging indent.
- For more on the APA reference list see libguides.newcastle.edu.au/apa-7th/reference-list

THINGS TO LOOK OUT FOR

- When you have multiple resources from exactly the same authors in the same year, alphabetise by title for your reference list and then add a, b, c, and so on after the year to differentiate the references for the in-text citations. For example:
Smith, D. (2014a). *Care facilities for the elderly* [Brochure]. NSW Health.
Smith, D. (2014b). *Hand hygiene* [Pamphlet]. NSW Health.
The in-text references would then be (Smith, 2014a) or (Smith, 2014b), depending on which document you cite.
- Capitalise all names and proper nouns as appropriate. Examples include Generation Z, YouTube, iPad, and PowerPoint.
- Digital Object Identifiers (DOIs) are important for APA 7 and need to be included as part of reference list entries (where provided). Examples in this guide show which resources are likely to include DOIs. For more information see libguides.newcastle.edu.au/apa-7th/DOIs
- APA 7 no longer requires access URLs for ebooks from library/database sources. Only include URLs for ebooks found via the web.

JOURNAL ARTICLES

For more information and examples see libguides.newcastle.edu.au/apa-7th/articles

TYPE	IN-TEXT REFERENCE	REFERENCE LIST
One author	... notes its prominence (Acciari, 2014). OR Acciari (2014) notes that ...	Acciari, M. (2014). The Italianization of Bollywood cinema: Ad hoc films. <i>Studies in European Cinema</i> , 11(1), 14-25. https://doi.org/10.1080/17411548.2014.903099
Two authors	... has surfaced (Marra & Edmond, 2014). OR Marra and Edmond (2014) describe ...	Marra, A. R., & Edmond, M. B. (2014). New technologies to monitor healthcare worker hand hygiene. <i>Clinical Microbiology and Infection</i> , 20(1), 29-33. https://doi.org/10.1111/1469-0691.12458
Three to twenty authors <i>Use only the first author's name, followed by 'et al.' for all in-text citations.</i>	... supports this (Wilson et al., 2014). OR Wilson et al. (2014) state that ...	List all authors in the reference list entry, up to 20 Wilson, N. J., Cordier, R., & Wilkes-Gillan, S. (2014). Men's Sheds and mentoring programs: Supporting teenage boys' connection with school. <i>International Journal of Men's Health</i> , 13(2), 92-100. https://doi.org/10.3149/jmh.1302.92
Twenty-one or more authors <i>This example also shows how to format an article from a journal that uses article numbers instead of consecutive pages.</i>	Follow the same pattern for in-text citations for 3-20 authors ... a change (Davies et al., 2018). OR Davies et al. (2018) suggest ...	List the first 19 authors, insert an ellipsis (...) then add the last author's name Davies, G., Lam, M., Harris, S. E., Trampush, J. W., Luciano, M., Hill, W. D., Hagenars, S. P., Ritchie, S. J., Marioni, R. E., Fawns-Ritchie, C., Liewald, D. C. M., Okely, J. A., Ahola-Olli, A. V., Barnes, C. L. K., Bertram, L., Bis, J. C., Burdick, K. E., Christoforou, A., DeRosse, P., ... Deary, I. J. (2018). Study of 300,486 individuals identifies 148 independent genetic loci influencing general cognitive function. <i>Nature Communications</i> , 9, Article 2098. https://doi.org/10.1038/s41467-018-04362-x
Corporate author <i>Written by an organisation, government body, or a group</i>	... trial (SPRINT Research Group, 2015). OR The SPRINT Research Group (2015) concluded that ...	SPRINT Research Group. (2015). A randomized trial of intensive versus standard blood-pressure control. <i>New England Journal of Medicine</i> , 33(22), 2103-2116. https://doi.org/10.1056/NEJMoa1511939
Systematic Reviews	For Cochrane and JBI examples, see the guide at libguides.newcastle.edu.au/apa-7th/health For other systematic reviews, reference as a journal article as appropriate.	
'Online first' articles <i>Also known as 'advance publication', etc.</i> <i>This example follows the pattern for 2 authors</i>	... supports the evidence (Mackey & Bassendowski, 2016). OR Mackey and Bassendowski (2016) suggest that ...	Mackey, A., & Bassendowski, S. (2016). The history of evidence-based practice in nursing education and practice. <i>Journal of Professional Nursing</i> . Advance online publication. https://doi.org/10.1016/j.profnurs.2016.05.009

<p>Reference within an article (secondary source) Where possible, try to access the work being cited, otherwise follow this pattern</p>	<p>For this example, Baker's 2008 study is being quoted in Bail's 2016 article. The original year is included Baker's study (2008, as cited in Bail, 2016) suggested a higher prevalence ...</p>	<p>Reference the article you have, not the one being quoted Bail, C. A. (2016). Emotional feedback and the viral spread of social media messages about autism spectrum disorders. <i>American Journal of Public Health, 106</i>(7), 1173-1180. https://doi.org/10.2105/AJPH.2016.303181</p>
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BOOKS

For more information and examples see libguides.newcastle.edu.au/apa-7th/books or libguides.newcastle.edu.au/apa-7th/chapters

TYPE	IN-TEXT REFERENCE	REFERENCE LIST
<p>NOTE: APA 7 has changed the expectations for referencing books and ebooks:</p> <ul style="list-style-type: none"> • DOIs (where provided) and publisher names are now standard for both print and ebook formats. • Where a book/ebook is accessed from the Library or a database (and does not have a DOI), do not include the place of publication or access link. • Where an ebook is accessed from the general web (no log-in is required), include the full access link. 		
<p>One author</p>	<p>... notes its prominence (Ellis, 2012). OR Ellis (2012) notes that ...</p>	<p>The example shows a book with a DOI Ellis, R. (2012). <i>Language teaching research and language pedagogy</i>. Wiley-Blackwell. https://doi.org/10.1002/9781118271643</p>
<p>Two authors</p>	<p>... has surfaced (DeWit & O'Neill, 2014). OR DeWit and O'Neill (2014) describe ...</p>	<p>This example shows a print or e-book without a DOI DeWit, S. C., & O'Neill, P. A. (2014). <i>Fundamental concepts and skills for nursing</i> (4th ed.). Elsevier.</p>
<p>Three or more authors Use only the first author's name, followed by 'et al.'</p>	<p>... this idea (Haralambos et al., 2014). OR Haralambos et al. (2014) state that ...</p>	<p>Haralambos, M., Holborn, M., Chapman, S., & Moore, S. (2013). <i>Sociology: Themes and perspectives</i> (8th ed.). Collins Educational.</p>
<p>Corporate author Written by an organisation, government body, or a group</p>	<p>... in their guide (American Psychological Association, 2020). OR The American Psychological Association (2020) states that ...</p>	<p>In this example the author is also the publisher, so the publisher's name is left out. Where the publisher is not the same as the author, add the publisher name as shown in the example above American Psychological Association. (2020). <i>Publication manual of the American Psychological Association</i> (7th ed.).</p>
<p>Book without a date Use (n.d.) instead of a year</p>	<p>... about Nelson (Southey, n.d.). OR Southey (n.d.) suggests ...</p>	<p>This example shows an older print book with no date Southey, R. (n.d.). <i>The life of Nelson</i>. Blackie.</p>
<p>eBook with URL from web Only use a URL for ebooks found on the web, not for those found using the Library</p>	<p>... makes a start (Trenbert et al, 2000). OR Trenbert et al. (2000) notes that ...</p>	<p>Where an ebook from the web does not have a DOI, add the full access link Trenbert, K. E., Miller, K., Mearns, L., & Rodes, S. (2000). <i>Effects of changing climate on weather and human activities</i>. University Science Books. http://www.cgd.ucar.edu/staff/trenbert/books/ChangingClimate.pdf</p>

<p>Syllabus documents Follow the same pattern as books/ebooks from the web. Be careful to use the author name as listed on each syllabus</p>	<p>... changed its structure (NSW Education Standards Authority, 2019). OR The NSW Education Standards Authority (2019) dictates ...</p>	<p>Online: NSW Education Standards Authority. (2019). <i>Mathematics K-10 syllabus</i>. https://educationstandards.nsw.edu.au/wps/portal/nesa/k-10/learning-areas/mathematics/mathematics-k-10 Print (may include volumes): Board of Studies NSW. (2012). <i>Mathematics K-10 syllabus: Vol. 2. Mathematics years 7-10</i>.</p>
<p>Graphic novels</p>	<p>For Graphic novels see libguides.newcastle.edu.au/apa-7th/books</p>	
<p>Chapter in a book Where the same authors have written the whole book, reference the book, not the chapter</p>	<p>... has surfaced (Lumby & Probyn, 2003). OR Lumby and Probyn (2003) describe ...</p>	<p>As this whole book is written by the same authors, we reference the book. This example shows a print book without a DOI Lumby, C., & Probyn, E. (2003). <i>Remote control: New media, new ethics</i>. Cambridge University Press.</p>
<p>Chapter in an edited book Where each chapter has separate authors listed, reference the chapter.</p>	<p>... has a problem (Ashman, 2009). OR Ashman (2009) notes that ...</p>	<p>As this chapter has specific authors listed, we reference the chapter in the book. Each chapter cited gets a separate entry in the reference list Devaraj, M. (2007). Nutrition management in nursing homes. In J. E. Morley & D. R. Thomas (Eds.), <i>Geriatric nutrition</i> (pp. 323-340). Taylor & Francis. https://doi.org/10.1201/9781420005493</p>
<p>Chapter in a book with separate chapter authors, and no editors listed</p>	<p>... notes its importance (Hales, 2018). OR Hales (2018) notes that ...</p>	<p>Follows a similar pattern to the chapter above, but without the (Eds.) Hales, M. (2018). Community health. In A. Berman et al., <i>Kozier and Erb's fundamentals of nursing</i> (4th Aust. ed., Vol. 1, pp. 127-140). Pearson.</p>
<p>Entries in reference works (dictionaries, etc.) Treat like they are chapters from edited books. Use an editor if listed, otherwise leave out. Include an access date for online entries with no clear date.</p>	<p>Individual author listed: ... is tailor-made (Kellner, 2006). OR Kellner (2006) states ... Corporate author listed: ... is stated (Merriam-Webster, n.d.). OR Merriam-Webster (n.d.) contradicts ...</p>	<p>Individual author listed (e.g. print): Kellner, D. (2006). Critical theory. In B. S. Turner (Ed.), <i>The Cambridge dictionary of sociology</i> (pp. 104-106). Cambridge University Press. Corporate author listed (e.g. online): Merriam-Webster. (n.d.). Congenital. In <i>Merriam-Webster.com dictionary</i>. Retrieved November 11, 2019 from https://www.merriam-webster.com/dictionary/congenital</p>
<p>Brochures & pamphlets</p>	<p>For physical see libguides.newcastle.edu.au/apa-7th/health. For online see Online document under Web Resources.</p>	
<p>Reference within a book (secondary source) Where possible, try to access the work being cited, otherwise follow this pattern</p>	<p>For this example, Grieve and Gear's 1996 study is being quoted in Kirtley's 2006 book. The original year is included Grieve and Gear (1996, as cited in Kirtley, 2006) suggest a pattern of ...</p>	<p>Reference the book (or chapter) you have, not the resource being quoted. This example shows a book without a DOI Kirtley, C. (2006). <i>Clinical gait analysis</i>. Elsevier.</p>

WEB/ONLINE RESOURCES

For more information and examples start with libguides.newcastle.edu.au/apa-7th/web

TYPE	IN-TEXT REFERENCE	REFERENCE LIST
<p>NOTE: APA 7 has changed the expectations for referencing some online resources:</p> <ul style="list-style-type: none"> • DOIs (where provided) and publisher names are now standard for online documents (including papers, reports, etc.). • Where no DOI is available, the full URL should be provided to assist with accessing resources. • Titles of web pages should now be italicised. Add the name of the website before the access link (with no italics). 		
<p>Web page with author/s listed Follows the same author formatting as other resources</p>	<p><i>For in-text citations use the year only</i> ... notes its prominence (Palmer, 2008). OR Palmer (2008) notes that ...</p>	<p><i>For the reference list, include the month and day (if provided). New for APA 7 – add the name of the website before the access link.</i> Palmer, L. F. (2008, July 17). <i>Insufficient milk syndrome: A fallacy becomes a reality</i>. Baby Reference. http://babyreference.com/insufficient-milk-syndrome-a-fallacy-becomes-a-reality/</p>
<p>Web page with corporate author Created by an organisation, government body, or a group</p>	<p><i>For in-text citations use the year only</i> ... in their care (HealthTimes, 2015). OR HealthTimes (2015) suggests ...</p>	<p><i>For the reference list, include the month and day (if provided). Do not add the name of the website (as shown above) if it is the same as the author.</i> HealthTimes. (2015, May 27). <i>The future of aged care nursing in Australia</i>. https://healthtimes.com.au/hub/aged-care/2/news/nc1/the-future-of-aged-care-nursing-in-australia/495/</p>
<p>Web page with no date If a proper date cannot be found on the page, use (n.d.) instead of a year</p>	<p>... in their guide (Australian College of Midwives, n.d.). OR The Australian College of Midwives (n.d.) states that ...</p>	<p>Australian College of Midwives. (n.d.). <i>Midwifery practice review</i>. https://www.midwives.org.au/mpr <i>In this case there is a copyright date at the bottom of the page, but this is a footer repeated across every page on the site – it is not a true creation date. As the name of the site is the same as the author, this information is left out.</i></p>
<p>Web page from a news site</p>	<p>... the problem (Daly, 2019). OR Daly (2019) suggests ...</p>	<p>Daly, N. (2019, November 20). <i>Australian scientists may have discovered solution to our plastic recycling problem</i>. ABC News. https://www.abc.net.au/news/2019-11-20/scientists-may-have-found-solution-to-plastic-recycling-problem/11679326</p>
<p>Online magazine article</p>	<p>... brought change (Riederer, 2019). OR Riederer (2019) suggests ...</p>	<p>Riederer, R. (2019, October 17). The stark inequality of climate change. <i>The New Yorker</i>. https://www.newyorker.com/books/under-review/the-stark-inequality-of-climate-change</p>
<p>Online document Provide description as required, e.g. [Brochure], [Pamphlet], [Policy brief]</p>	<p>... is important (Hand Hygiene Australia, n.d.). OR Hand Hygiene Australia (n.d.) state ...</p>	<p>Hand Hygiene Australia. (n.d.). <i>Hand hygiene</i> [Fact sheet]. https://www.hha.org.au/UserFiles/file/Hand%20Hygiene%20Fact%20Sheet%284%29.pdf</p>

Government document <i>Use the name of the department as shown</i>	... in bats (Queensland Health, 2014). OR Queensland Health (2014) suggests ...	Queensland Health. (2014). <i>Lyssavirus in bats prompts reminder not to touch the animal: Care and treatment</i> (Report 432). https://www.health.qld.gov.au/news/stories/140313-lyssavirus.asp
Research report <i>This example follows the corporate author pattern</i>	... that year (United Nations, 2015). OR The United Nations (2015) report ...	United Nations. (2015). <i>The Millennium Development Goals report 2015</i> . http://www.mdgs.un.org/unsd/mdg/Resources/Static/Products/Progress2015/English2015.pdf
Code of ethics or conduct	... is paramount (International Council of Nurses, 2012). OR The International Council of Nurses (2012) state that ...	International Council of Nurses. (2012). <i>The ICN code of ethics for nurses</i> . https://www.icn.ch/sites/default/files/inline-files/2012_ICN_Codeofethicsfornurses_%20eng.pdf
Social media	For Blogs, Facebook, Instagram and Twitter, see libguides.newcastle.edu.au/apa-7th/web	
Conference paper with DOI <i>This example follows the pattern for 3 or more authors</i>	... cloud (Liu et al, 2014). OR Liu et al. (2014) suggest ...	Liu, L., Zhang, M., Lin, Y., & Qin, L. (2014). A survey on workflow management and scheduling in cloud computing. In P. Balaji, I. Forster, X.-H. Sun, K. W. Cameron, & D. S. Nikolopoulos (Eds.), <i>2014 14th IEEE/ACM International Symposium on Cluster, Cloud and Grid Computing</i> (pp. 837-846). IEEE. https://doi.org/10.1109/CCGrid.2014.83
Conference paper with URL <i>This example follows the pattern for 1 author</i>	... notes its prominence (Bland, 2010). OR Bland (2010) notes that ...	Bland, D. (2010). Drawing on imagination: Primary students' ideal learning environments. In J. Wright (Ed.), <i>AARE 2010 Conference proceedings</i> (pp. 1-22). AARE. https://aare.edu.au/data/publications/2010/1744Bland.pdf
Critical appraisal tools	For CASP, JBI, STROBE, PEDro, and other appraisal tools, see libguides.newcastle.edu.au/apa-7th/appraisal	
Evidence-based & drug resources - UpToDate, MIMS, etc. <i>Authors may be listed under 'Contributors' (or similar). You will need to add an access date, and remove the UON proxy from the access link (see the examples)</i>	No author listed: ... has side-effects ("Lipitor", 2015). Author listed: ... in adults (Rosenson, 2019). OR Rosenson (2019) summarises ...	No author listed: Lipitor. (2019). <i>MIMS Online</i> . Retrieved November 20, 2019, from https://www.mimsonline.com.au/Search/AbbrPI.aspx?ModuleName=Product%20Info&searchKeyword=lipitor&PreviousPage=~/Search/QuickSearch.aspx&SearchType=&ID=37190001_2 Author listed: Rosenson, R. S. (2019). Hypertriglyceridemia. <i>UpToDate</i> . Retrieved November 20, 2019, from https://www.uptodate.com/contents/hypertriglyceridemia
Online images	For Online Images, see libguides.newcastle.edu.au/apa-7th/web-images	
Podcast episodes <i>List the host/s as author/s with their role in brackets</i>	... has ended (Titi & Zakiya, 2019). OR Titi and Zakiya (2019) discussed ...	Titi & Zakiya (Hosts). (2019, April 11). <i>Lab 005: Wakanda forever</i> [Audio podcast episode]. In <i>Dope labs</i> . Spotify Studios. https://www.dopelabspodcast.com/podcast-episodes/wakanda

YouTube and other streaming video clips	... colour (Vsauce, 2013). OR Vsauce (2013) posits that ...	Add the description [Video], as well as the host site name after the title Vsauce. (2013, February 17). <i>Is your red the same as my red?</i> [Video]. YouTube. https://youtu.be/evQsOFQju08
Streaming movies – ClickView, Netflix, Kanopy, STAN, etc.	... the hero (Moorhouse, 2015). OR Moorhouse (2015) presents ...	Add the description [Film], and the production company (no link needed) Moorhouse, J. (Director). (2015). <i>The dressmaker</i> [Film]. Film Art Media.

OTHER

For more information and examples on other resources such as apps, art works, data sets, film & TV, images, intranet documents, newspapers, poetry, standards, statistics, theses, and more - start with libguides.newcastle.edu.au/apa-7th/

TYPE	IN-TEXT REFERENCE	REFERENCE LIST
Lecture notes and PowerPoints	... notes its prominence (Bowen, 2019). OR Bowen (2019) notes that ...	Add [PowerPoint slides] or [Lecture notes] after the title Bowen, L. (2019, March 3). <i>Clinical placement and evidence</i> [PowerPoint slides]. Blackboard. https://uonline.newcastle.edu.au/
Recorded lectures	... in education (O’Neill, 2019). OR O’Neill (2019) suggests ...	Add [Lecture recording] after the title O’Neill, R. (2019, April 1). <i>EPHUMA122: Week 6 lecture</i> [Lecture recording]. Blackboard. https://uonline.newcastle.edu.au/
Forum posts in Blackboard	... was important (Smith, 2019). OR Smith (2019) noted that ...	Add a description in square brackets after the title Smith, J. (2019, May 6). <i>Reflective journal entry, assignment 1</i> [Online forum post]. Blackboard. https://uonline.newcastle.edu.au/
Personal communication <i>Telephone interviews, letters, emails, texts, and other material not publicly available.</i>	C. Brisden (personal communication, June 4, 2019) commented ... OR ... was suggested (C. Brisden, personal communication, June 4, 2019).	Personal communication is not included in your reference list. Be sure to check with your lecturer if these kinds of resources are suitable for use in your assignments.

COMMON ABBREVIATIONS USED IN APA 7

Ed. or Eds.	Used for editor or editors. Do not confuse with edition (below).
ed.	Used for editions. You do not need to include edition information for a ‘standard’ first edition.
et al.	This is used for in-text citations when there are three or more authors to mean ‘and others’.
n.d.	Used for references that have no publication/creation date listed.
p. or pp.	p. is used for single page citations; pp. when multiple pages are involved [Examples, p. 302 or pp. 12-13]
para. or paras.	para. is used for a web page paragraph; use paras. for multiple paragraphs [Count the paragraphs on the page, e.g. para. 3]